

## **Reflection on Professional Development**

Topic: Reactive Attachment Disorder (RAD)

Time: 8.00 – 8.45 am

Venue: Learning Centre

Date: 23/06/15

The department PD on the topic *Reactive Attachment Disorder (RAD)* was aimed to assist the department teachers to develop their understanding about the disorder. The highlights for the PD was on the behaviour displayed by students that have the disorder and the actions that can be taken to deal with students that have such disorder.

The RLTB teacher referred to one of the students that has the disorder. She emphasised about the importance of maintaining a sound environment which makes students with such behaviour to feel safe. She referred to Reciprocity training which requires teachers and care givers to use a tough love approach. Positive reinforcement can be used as in return for good behaviour there could a small gift that can be given.

Whereas in the classrom the student must be consistenly given attention so that the behaviour can be monitored. There has to be a predictable setting that needs to be created so that the students with sucha behaviour have a structure and a routine. The student could be involved in planning of the structure.

There should be opportunities created for students with RAD to interact with others. Especially in the classroom situation, there could be opportunities which allows students with RAD to socialise with other students. Finally, encourage students with such a disorder to take up responsibility and ownership of his or her actions.

This PD was quite helpful as it allowed me to workout different ways to deal with the disorder. It also helped the department teachers to discuss about different roles that they can play inorder to help the student with such a disorder.